

4/23/2013 09:24:00 AM

5 Great Cooking Schools on the Mediterranean



By Louise Simpson

Along the shores of the Mediterranean Sea, countries such as Spain, France, Italy and Greece have contributed to a sun-kissed cuisine that combines olive oil with copious amounts of fresh fish, seafood and vegetables such as peppers, tomatoes, eggplants and avocados. Here are five of the best places to learn the secrets of the healthy Mediterranean diet.

SLIDESHOW

3 of 5

PREV

NEXT



3. Tuscookany at Casa Ombuto, Tuscany, Italy

A good way to learn the basics in Italian cuisine is on a three-day or week-long cooking